

ACALANES CROSS COUNTRY
2009 Schedule

<u>Day</u>	<u>Date</u>	<u>Opponent/Event</u>	<u>Location</u>	<u>Time</u>
Fri	Sep 4	Little Ed Invitational	College Park, Hidden Valley Park	4:00
Sat	Sep 12	Ed Sias Invitational	College Park, Hidden Valley Park	9:00
Sat	Sep 19	De La Salle/Carondelet Nike Inv.	Newhall Park	8:45
Sat	Sep 26	Stanford Invitational	Stanford Golf Course	9:00
Wed	Sep 30	Campolindo,Dougherty Valley,Dublin	Campolindo, Hidden Valley Park	3:30
Sat	Oct 10	Clovis Invitational	Woodward Park, Fresno	9:00
Wed	Oct 14	Alhambra,Dublin,Las Lomas	Acalanes, Lafayette Community Park	3:30
Wed	Oct 28	Dublin,Miramonte	Dublin	3:30
Sat	Nov 7	DFAL Championships	Shadow Cliffs Park	1:00
Sat	Nov 21	NCS Meet Of Champions	Hayward	8:00
Sat	Nov 28	CIF Championships	Woodward Park, Fresno	8:00

Boy's Head Coach	Manny Myers	Principal	Aida Glimme
Girl's Head Coach	Tad Beach	Athletic Director	Randy Takahashi
Assistant Coaches	Alison Adams Karrie Hagedorn Darren Neutz	School Phone	925-280-3970

First practice day Monday, August 17.
Practice schedule Monday through Friday. Meet in the bleachers on the main field at 3:30.